



Candlewood Knolls

# Knolls Knews Notes

ISSUE 3

June 26, 2020

## 2020 EVENTS

July 10th:  
CK Stockholder Meeting

September 6th  
CK Stockholder Meeting  
CK Tax District Meeting

## WEEKLY EVENTS

Yoga  
Monday: Level 1  
6:45—8:00 PM  
Tuesday: Gentle  
6:45—8:00 PM

Mahjong  
Date/Time: TBD

Ice Cream Night  
Date/Time: TBD



Flip Flops  
Side by side  
Sitting by the lakeside

Switch their place  
Reverse the game  
Flip Flops still remain the same.

- Karyn Miller

Happy Friday! Summer officially arrived on June 20<sup>th</sup> and made herself known with bright sunny skies and very warm temperatures all week! She also ushered in the Children's Program which begins on Monday morning, June 29<sup>th</sup>! The kids are ready, Phil and the counselors are ready, and the parents are ready! While all the state mandated protocols will be implemented ... rest assured the kids will have a fabulous time!

Speaking of good times ... we are ensuring that our tennis and pickleball players will further enjoy their game by tearing down the old back board ... and installing a new one! Annarose has been busy revising the Knolls directory and finished copies are now available at the office.

Our new extended Security hours have been in effect for a week now – please make sure you have stickers displayed in your vehicle so we don't have a traffic jam at the front entryway.

And last but not least ... Saturday is **BEAUTIFICATION DAY!** Please join Beautification Committee at the Clubhouse at 9:00 AM to help make the Knolls as beautiful as it can be. As always, have a wonderful weekend ... but remember to practice Social Distancing in public places to keep us all healthy and safe!

### 1. WASH YOUR HANDS!



### 2. DON'T TOUCH YOUR FACE!



### 3. PRACTICE SOCIAL DISTANCING!



### IT'S BEAUTIFICATION DAY!

We need your help keeping the Knolls beautiful!

Saturday, June 27! 9:00 AM - 1:00 PM

We will meet at the Clubhouse and don't forget to bring your garden tools and gloves.

SEE YOU THERE!



### IMPORTANT!

PLEASE PICK UP YOUR  
CANDLEWOOD KNOLLS  
STICKERS

AT THE KNOLLS OFFICE

THE CK OFFICE IS OPEN  
9:00 am – 1:00 PM  
Monday – Friday

You will be detained by Security if a CK sticker is not displayed on your vehicle.

**CK SECURITY: 203-240-7090**

## Candlewood Knolls

21 North Beach Drive  
New Fairfield, CT 06812  
Phone: 203-746-4807  
Email:  
office@candlewoodknolls.com

Fun & Friendship at the Lake  
since 1929



### 2020 BOARD OF DIRECTORS

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Vice President: Tom LaMonte  
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### Candlewood Knolls Golf Cart Guidelines

- Golf Carts must have headlights and reflective tape affixed to the rear of the cart if they are going to be used after dark. (Reflective tail tape provided.)
- Drivers must be 16 years of age to drive a Golf Cart or 15 years of age with a valid learners permit. You may also drive a Golf Cart if you are under the age of 16 if you are accompanied by an adult, 21 years of age or older, sitting alongside in the front seat.
- Golf Cart capacity is limited to the available seating on each respective Golf Cart.
- Driving rules for Golf Carts are consistent with the general rules of the road. This includes abiding by stop signs, yielding right of way, staying to the right side of the road, etc. It is the responsibility of the driver to know and follow the rules of the road.

Candlewood Knolls Board of Directors

From the Editor ...

Welcome back!

Once again we will be looking for any news, photos or ideas you would like to share with the Community. Please email:

[knollsnotes.editor@gmail.com](mailto:knollsnotes.editor@gmail.com)

with any news of note you might have. Enjoy your summer!



## COMMUNITY NEWS

# You are Awesome



Meadow Way resident Emma Van Derhoef and her best friend Ella, both entering 8th grade this fall, decided to walk a marathon to support the healthcare workers at their local hospital, Morristown Memorial in Morristown NJ. On Friday May 22nd they walked 26.4 miles (44 laps around their neighborhood block) over the course of 10 hours in the heat and rain and raised over \$7,000! They walked the majority of the marathon by themselves, but had plenty of friends and family join them for a lap or two along the way. They are using the funds to

provide meals to the healthcare workers on the Covid floors as well as making a cash donation towards the ER break room renovations. The entire Van Derhoef family, as well as all of us in the Knolls, are so proud of these young ladies for coming up with something selfless to do during quarantine. In a time where our world is so uncertain, and sometimes a little scary, these two were able to do something truly AMAZING!!

**#wewalkamarathon #wewalkforhealthcareworkers**



### COVID-19 BEACH PROTOCOL

- K**ep your social distance of 6ft.
- N**o loitering on boat dock.
- O**nly residents allowed.
- L**imit your group to 5 or less.
- L**eave the beach with all your belongings.
- S**tay at home if you are sick.

Let's do this for "US" and keep CK safe for all!



"FREE HAMMOCKS, all over town. It's like a miracle!"



**Single Zebra Mussel Discovered in Candlewood Lake**  
*(Courtesy of Candlewood Lake Authority)*

FirstLight Power has reported that a single juvenile zebra mussel was found in Candlewood Lake. This mussel was found by FirstLight’s consultant who was hired to conduct their annual zebra mussel monitoring program. Ten sites are searched annually, with a diver looking for evidence of mussels at those specified locations.

The Candlewood Lake Authority has long been an advocate for each of us doing our part to prevent the introduction of zebra mussels into Candlewood Lake. More than a decade ago, zebra mussels were discovered in the Housatonic River, believed to be coming from a source lake in Western Massachusetts where they had invaded. Over time, these mussels traveled in their larval form down the River and have established large populations throughout the Housatonic system, including Lakes Lillinonah, Zoar, and Housatonic. Candlewood is benefitted by the geographic fact that the water entering the lake from the Housatonic River must be pumped up from the river by the owners of the lake, in this case, FirstLight Power. Since the discovery of Zebra Mussels in the Lake, FirstLight has voluntarily decided that they will not pump water up from the river into Candlewood when the water reaches the temperature the mussels need to reproduce. This has been a major tool in the fight against Zebra Mussels in Candlewood.

While only one mussel was found this year, it is certainly at least a reminder of just how close to home these invaders are. We don’t know yet whether this mussel was a solitary occurrence or if there might be more hiding in areas that haven’t been searched yet. We are working with CT DEEP, FirstLight, and other organizations around the country to help answer that question. What we know now is that mussels can survive in Candlewood Lake, since one was found that was alive and well, and that they are on Candlewood’s doorstep. We also know that this is not a time to let our guard down, and we must work together to prevent additional zebra mussels and any other invasive plants and animals from entering Candlewood Lake. Zebra mussels can quickly take over ecosystems and change the dynamics of entire lakes, and we want to prevent that for Candlewood.

It is critical that all boaters visiting other lakes and launching in Candlewood, clean, drain and dry your boats, trailers and equipment to help prevent the introduction of invasive species like this one. Thank you for working with us to help make sure we keep Candlewood Lake safe and healthy into the future.

**Connecticut 2-Day Safe Boating Course**

**HAS BEEN CANCELLED DUE TO COVID 19**

**July 4th Pancake Breakfast and Cocktail Party**

**HAVE BEEN CANCELLED DUE TO COVID 19**

**SUNFISH RACES ARE BACK!**

Saturday, June 27<sup>th</sup> at 1:00 PM

Next race:

Saturday, July 11<sup>th</sup> at 11:00 AM

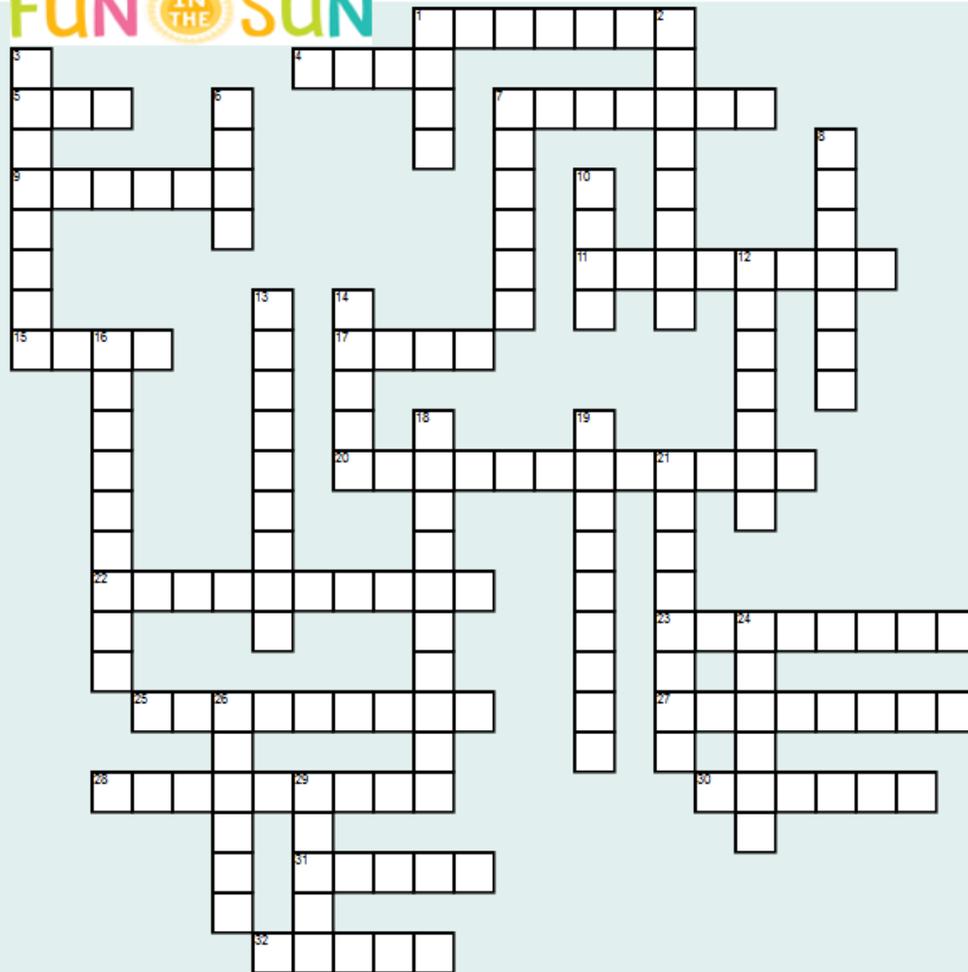
Sailor or spectator ... join us on South Beach for fun in the sun!

**Race dates are: 6/27, 7/11, 7/25.**





# FUN IN THE SUN



## ACROSS

- 1 North, South and Club
- 4 Go jump in the ...
- 5 Used with a row boat
- 7 Type of sailboat
- 9 To run joyfully
- 11 How to get a tan
- 15 Gets pulled by a boat
- 17 This gets mowed
- 20 Anchored raft
- 22 Requires a pole, ball and rope
- 23 Played on a diamond
- 25 Twin-hulled sail boat
- 27 Played with a "stick" and ball
- 28 Shoots balls of colored dye
- 30 Personal watercraft
- 31 Paddled watercraft
- 32 Unwanted plants

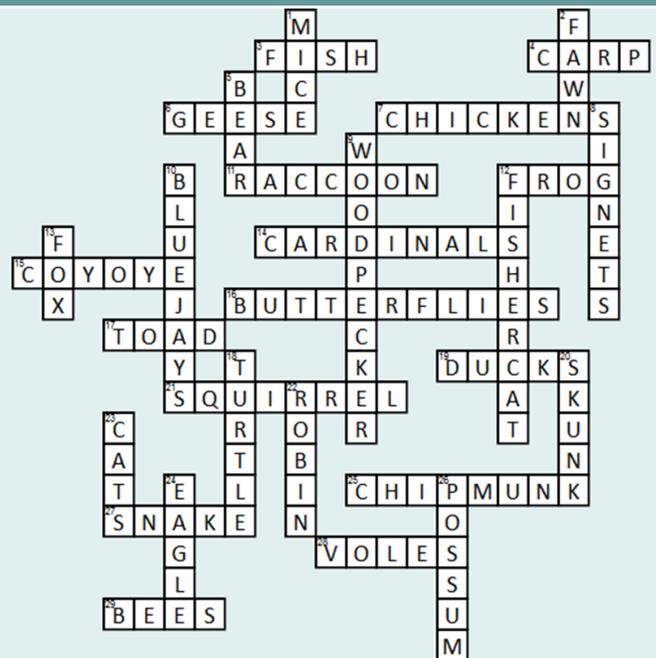
## DOWN

- 1 Nothing's better than a cold ...
- 2 Water activity
- 3 Driven by golfers and kids
- 6 Competitive dash
- 7 Uses a single ski
- 8 Uses a pole and lure
- 10 Used for watering
- 12 Sport with arrows
- 13 Also used on horse's hooves
- 14 Boat parking on docks
- 16 Requires a racket, net and birdie
- 18 Played with paddle on court
- 19 Nurturing plants and flowers
- 21 Played with a "pig skin"
- 24 Uses a black and white ball
- 26 Sport played by Venus Williams
- 29 Italian bowling

*I've got a little canoeing song for ya.  
Row, row, row your boat...  
far away from me!*



## JUNE 19 PUZZLE SOLVE





# YOGA

7TH SUMMER AT THE CANDLEWOOD KNOLLS CLUBHOUSE

**Starting June 29th**

**Monday's 6:45-8PM Level 1-2**

**Tuesdays 6:45-8pm Gentle**

Yoga meets you where you are, with no judgement.

#### **Level 1-2**

Class starts with gentle warming stretches and back openings. We find movement by flowing through a series of poses linking our breath, mindful strength building while staying active. Finishing our practice with a well deserved and super relaxing guided meditation.

Little to no yoga knowledge is needed for this class.

#### **Gentle**

Oh the places you'll go during this class, You'll feel fabulous at the end of class. We take our time warming and stretching our body. We stay present within each movement to allow what we are feeling inside to release and let it go. If some areas of your body aren't cooperating, I offer modifications or time to simply be still. We will finish this practice with a well deserved and super relaxing guided meditation.

No yoga knowledge is needed for this class.

#### **COVID Compliance:**

The clubhouse upstairs is a huge room, there is plenty of room for social distancing especially since we do need a few more feet in-between us since we move around.

I will not be wearing a mask, I will not be giving any hands-on adjustments or touch. I will make available one side of the room for masks. I want you all to have a pleasurable practice so please let me know your concerns, if I can help within my capacity and allowances I will!

**Please come to class at least 5 minutes early to find your comfort spot.**

**Bring a Mat, a strap and block if you have one.**

**Classes are \$11.00.**